



# BODY BASIC

PROFESSIONAL SKINCARE & THERAPEUTIC MASSAGE

## Price List

### SKIN TREATMENTS



#### TWEENAGER SKIN TREATMENT

R 440

- For younger skin up till 14 years

#### HONEY BUSH SKIN TREATMENT

R 500

- Nourishes & revives dull & dehydrated skin

#### DERMAL EXTRACTION TREATMENT

R 520

- This treatment is focused on deep cleaning & removing impurities from the pores & dead surface build up

#### DERMAL DETOXIFICATION & PURIFYING TREATMENT

R 520

- Stimulates collagen & elastin, brightening, & treats hyperpigmentation & problematic skin (not for sensitive skin)

#### VITAMIN C SKIN TREATMENT

R 520

- Based on organically derived Vitamin C, visibly firms & tightens skin

#### VITAGEL SKIN TREATMENT

R 520

- Vitagel formulated with AHA & BHA leaves the skin revitalized stimulating collagen & elastin production

#### LIPID RICH

R 520

- Therapeutic moisturizing treatment repairs hydrolipid barrier

#### PHYTO ENZYME COMPOUND (PEC)

R 540

- Deep exfoliating , stimulating cell turnover, helps de-ageing, leaves skin bright & rejuvenated

***Note: Prices are subject to change without notice. Please enquire about special promotions and discounts available.***

# SKIN TREATMENTS



## AHA+ CHEMIPEEL

R 680

- An Advanced dermal rejuvenation treatment, stimulating cell mitosis

## CALMTOUCH TREATMENT

R 600

- Fortifying the skin's natural moisture barrier, boosting hydration levels, & minimizing inflammation & redness, remarkable results for challenging skin concerns.

## NANOTOUCH SKIN TREATMENT

R 1 220

- This treatment is focused on deep cleaning & removing impurities from the pores & dead surface build up

# AESTHETIC SKIN TREATMENTS

## SIGNATURE FACIAL

R 1 700

- A luxurious facial giving you that red carpet glow , triple cleanse , exfoliate, derma plane , nanno needle with serums and hyaluronic mask , includes a hand, arm and head massage

## DERMAPLANING

R 710

- A special exfoliation technique that involves using a dermaplane. Benefits include antiaging, reduced appearance of wrinkles & scarring, & improved product absorption.
- Includes a serum & mask

## COLLAGEN INDUCTION TREATMENT

Micro-needling stimulates the skin's natural collagen and elastin production  
Includes calming mask

- Face
- Face & Neck
- Face, Neck & Décolleté

R 1 180

R 1 280

R 1 380

## LED LIGHT THERAPY

- Add On
- LED only

R 160

R 370

Light wavelengths that accelerate the rejuvenation of the skin by boosting collagen & elastin production.

## PROFOSMA JET PLASMA TREATMENTS

Brightens, tightens & remodels the cellular structure of the skin from the inside out while building collagen. Sessions are done 48hrs apart.

1 cycle 3 sessions

R 4 500

2 cycle 6 sessions

R 7 500

3 cycle 9 sessions

R 10 500



**BODY BASIC**  
PROFESSIONAL SKINCARE & THERAPEUTIC MASSAGE

# Price List

## MASSAGE

- 30 min R 350
- 45 min R 410
- 60 min R 550
- 90 min R 700

All massages include Hot Stone

## BACKCIAL

R 450

- Back deep cleanse  
including 15 min massage with hot stone

## HANDS & FEET

- Full Manicure R 320
- Full Pedicure R 350
- Paraffin Wax - add on R 120
- Callux Pro (without pedicure) R 280
- Callux Pro Heel Peel (+ full pedicure) R 460
- Callux Pro Diabetic (+ full pedicure) R 460
- Clinic Heel R 630  
(full luxury pedicure, Callux Pro Heel Peel, 30min hot stone foot & half leg massage)

R40 extra for 1<sup>st</sup> time clients for nail pack as files & buffers are not shared

## GEL NAILS & GEL SOAK OFF

- Full Gel Manicure R 360
- Full Gell Pedicure R 390
- Gelish Soak Off R 120

All gel nail treatments include a scrub & massage.

R40 extra for 1st time clients for nail pack as files and buffers are not shared

## TINTING

- Eyebrow Tint R 80
- Eyelash Tint R 120
- Eyelash & Eyebrow Tint R 180
- Brow Shape R 85



# BODY BASIC

PROFESSIONAL SKINCARE & THERAPEUTIC MASSAGE

## Price List

### HAIR REMOVAL

• Back wax	FROM	R 280
• Brow/Lip/Chin	EACH	R 85
• Face wax		R 250
• Nose wax		R 45
• Toe wax		R 45
• Underarm		R 120
• Full arm		R 240
• Half leg		R 200
• Full leg		R 340
• Glute wax		R 160
• Bikini wax		R 200
• Inbetweenie (G-string)		R 250
• Brazilian wax		R 340
• Hollywood wax		R 360

Superior quality Harley wax. We take pride in not double dipping

### METRO MAN: FOR HIM

• Manicure	R 310
• Pedicure	R 330
• Skin Treatment	R 500

*Sonja*

083 645 9562

2 Melk Close, Fynbos

Stilbaai

fishsonja@telkomsa.net

*Banking*

ABSA

SM Friedrichsroder

Branch Code: 632005

Acc nr: 408 514 7594

If you need to cancel or reschedule, we kindly ask for at least 24 hours' notice whenever possible.

This helps us accommodate all clients and keep things running smoothly. We also recommend arriving 10 minutes before your appointment to ensure you get the most out of your time with us.



**BODY BASIC**  
PROFESSIONAL SKINCARE & THERAPEUTIC MASSAGE

## *Price List*

**K Phyto-ceutical** blends plant-based technology with scientific actives to reduce inflammation and restore the skin's natural barrier.

**CF Ceuticals** delivers high-performance retinol formulations with cutting-edge sensory technology — ideal for pro-aesthetic treatments across all phototypes.

Perfect for aesthetic practitioners and advanced skincare professionals.

Body Basic has **various skin treatment options** available. Sonja, your therapist will determine what skin treatment is best suited for your needs. All skin treatments include a surprise pamper treatment.

**Add a Pedicure to a Facial and qualify for a 5% discount.**

If you need to cancel or reschedule, we kindly ask for at least 24 hours' notice whenever possible. This helps us accommodate all clients and keep things running smoothly. We also recommend arriving 10 minutes before your appointment to ensure you get the most out of your time with us.

*Sonja*

083 645 9562

2 Melk Close, Fynbos

Stilbaai

fishsonja@telkomsa.net

*Banking*

ABSA

SM Friedrichsroder

Branch Code: 632005

Acc nr: 408 514 7594